

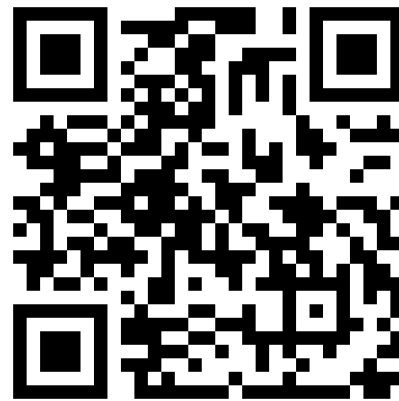


# Need help navigating CalFresh Work Requirements?

Browse and connect with job training,  
volunteer, work resources and more.

Visit the  
**Work***Ready* Hub

Call **2-1-1**  
or scan the  
QR code



[211sandiego.org/work](https://211sandiego.org/work)

## Questions?



The County will help you know if  
work requirements apply to you. If  
you have eligibility questions, call  
the Access Customer Service Call  
Center at **866-262-9881** or visit your  
local **Family Resource Center**.



## Who needs to meet work requirements?

Some adults (age 18–64) unless you meet an exemption.

## What are work requirements?

Complete 20 hours per week, or 80 hours per month of one or a mix of the following:

- Work
- Education
- Volunteer
- Training

## You may be exempt



Your situation is unique. Call 866-262-9881 or visit your local Family Resource Center.