Environment

Sub-Domain	Policies and Programs	Indicators
Green Infrastructure	Adopt policies that incentivize development of green infrastructure so that it is conveniently accessible to all residents.	☐ Percentage of tree canopy coverage. ☐ Number of compost and/or anaerobic digestion facilities. ☐ Ratio of waste-to-waste diversion containers planned in new developments
	Identify solutions for food waste, especially produced by larger institutions.	
	Require adequate space in waste enclosures for waste, recycling, and organic material containers in enclosures to allow for waste diversion from the landfill.	
	Support community-operated composting programs.	
Soil Contamination	Adopt policies prioritizing brownfield remediation and urban infill.	☐ Acres of brownfields that are not remediated.

Thriving

Standard of Living

Sub-Domain	Policies and Programs	Indicators
Housing and Community Development	Adopt transportation policies that promote easy access to jobs, services, and amenities.	☐ Jobs to housing ratio. ☐ Percentage of households paying > 30% of monthly household income toward housing costs.
	Change zoning to increase housing stock (e.g., allowing mixed-use villages, accessory dwelling units, etc.).	
	Implement land use and zoning to promote and preserve affordable and fair housing.*	

Age-Friendly Communities

Sub-Domain	Policies and Programs	Indicators
Age-Friendly Communities	Increase square footage of common spaces for multi-generational use.	☐ Proportion of new and existing public spaces and buildings that are fully accessible by wheelchair.† ☐ Proportion of public transport vehicles with designated places for older people or people who have disabilities.† ☐ Proportion of older people in local volunteer registries.† ☐ Proportion of older people who are currently employed.† ☐ Proportion of older people who voted in the most recent local election.† ☐ Proportion of older persons who have personal care or assistance needs that are receiving home- or community-based services.† ☐ Proportion of older people living above the risk-of-poverty threshold.†
	Adopt AARP Age-Friendly concepts.	
	Prioritize intergenerational housing development and inclusion of shared spaces (e.g., gardens, pathways, performance spaces) that can host intergenerational programming.	

For any questions, please contact Public Health Services at 619-542-4181.

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Live Well San Diego Planning Healthy Communities Jurisdictional Policy & Program Menu

The *Live Well San Diego* Planning Healthy Communities Jurisdictional Policy & Program Menu is a tool for city planners and policymakers who wish to incorporate health and wellness into community design. Planners and policymakers can pick policies and programs from the menu that match their city's priorities and implement them to make progress in those areas. Adapted in part from the American Planning Association's *Metrics for Planning Healthy Communities*, the policies and indicators in this menu will shape your community and measure your progress towards improved health outcomes in seven domains: Active Living, Healthy Eating, Tobacco Use, Community Resilience and Safety, Environment, Standard of Living, and Age-Friendly Communities. These domains align with the components of the *Live Well San Diego* vision: *Building Better Health* (Active Living, Healthy Eating, and Tobacco Use), *Living Safely* (Community Resilience and Safety and Environment), and *Thriving* (Standard of Living and Age-Friendly Communities). Using this menu can help your city create measurable policy, systems and environmental changes that support the *Live Well San Diego* vision.

Building Better Health

Active Living

Sub-Domain	Policies and Programs	Indicators
Active Transportation	Enact strategies and policies that promote transportation demand management.	☐ Commute mode share. ☐ Ratio of trails, sidewalk and/or bicycle lanes to roadway miles. ☐ Percentage of population living within a half-mile distance of frequent-service transit stops. ☐ Street intersection density. ☐ Ratio of protected bikeway infrastructure to roadway miles.
	Expand existing community outreach to include pedestrian/bicycle safety education.	
	Fund community-based organizations to assist in public outreach planning meetings including providing interpretation services, information-gathering, research, analysis, community education, and engagement.	
	Implement complete streets policies and infrastructure.*	
	Implement smart growth principles e.g., mixed-use, building near transit, walkable neighborhoods, etc.	
	Include active transportation non-infrastructure programs along with infrastructure improvements.	
	Prioritize funding for pedestrian/bike facilities especially near schools and transit hubs.	
Recreation	Adopt Parks and/or Trails Master Plan(s).	☐ Network distance to park entrances and other usable public open spaces. ☐ Acres of park land or other usable public open space per 1,000 residents. ☐ Percentage of sites implementing shared use agreements.
	Facilitate shared/joint-use between local governments, school districts, faith-based organizations, etc.	
	Fund or streamline permitting for community-led projects (e.g., placemaking, parklets, and intersection murals).	
	Prioritize equitable investment in parks and open space.	
Traffic Safety	Adopt and support Vision Zero or a similar initiative to end traffic fatalities.	☐ Annual rates of fatal and serious pedestrian and cyclist injuries including demographic data.

Healthy Eating

Sub-Domain	Policies and Programs	Indicators
Access	Encourage corner stores, liquor stores, and ethnic food markets to carry fresh produce through incentive programs. Ensure all residents have access to affordable and nutritious food i.e., fresh produce. Implement healthy food and beverage procurement standards for public dollars.* Implement policies that support farmers markets and farm stands. Limit new fast food establishments. Promote breastfeeding/lactation accommodation for municipal-run worksites and public spaces.	☐ Percentage of low-income population living in urban areas that are within walkable distance of a full-service grocery store. ☐ Percentage of farmers markets that accept supplemental nutrition programs (e.g. SNAP or WIC). ☐ Percentage of corner stores that have healthy food options. ☐ Density of fast food restaurants.
Production	Adopt policies that encourage urban agriculture and community gardens. Encourage food production as an integral part of institutional land uses on public lands where there is capacity to grow food products. Promote the production and distribution of local foods. Support programs that increase knowledge and tools for community members and entrepreneurs to grow healthy, affordable foods.	☐ Acres of urban area that is currently in use or have potential for community gardens or urban agriculture. ☐ Number of training classes for recreational gardeners and/or young entrepreneurs. ☐ Acres of public land currently in use for community gardens or urban agriculture.

Tobacco and Alcohol Prevention

Sub-Domain	Policies and Programs	Indicators
Access	Adopt tobacco and alcohol retailer licensing fees sufficient for compliance monitoring and enforcement. Implement zoning and permitting restrictions for tobacco and alcohol retailers. Restrict the use and sale of tobacco and alcohol products during public events through conditional use permit requirements. Restrict the use of discount coupons at retail establishments. Restrict the sale of menthol and flavored tobacco products.	☐ Number of tobacco retailers per capita. ☐ Density of tobacco retailers. ☐ Proximity of tobacco retailers to schools and other youth sensitive areas (e.g., parks). ☐ Percentage of tobacco retailers out of compliance with state law restricting window coverage of alcohol establishments (i.e., Lee Law) to no more than 33%.
Exposure to Secondhand Smoke	Enforce regulations requiring disclosure of smoking on property. Ensure new buildings/developments are smoke-free. Offer programs to assist landlords to transition to smoke-free. Restrict smoking in public places.* Require all bars to be smoke-free.* Require non-hospitality workplaces to be smoke-free.* Require smoke-free restaurants.*	☐ Percentage of smoke-free housing policies affecting the following: non-smoking apartments, condominiums, common areas, housing authority. ☐ Percentage of smoke-free outdoor air policies affecting the following: dining, entryways, public events, recreation areas, service areas, sidewalks, and worksites.

Living Safely

Community Resilience and Safety

Sub-Domain	Policies and Programs	Indicators
Public Safety	Adopt Crime Prevention Through Environmental Design (CPTED) policies that maximize visibility and eyes on street.	☐ Number of street miles without street lighting. ☐ Violent crimes per 1,000 residents. ☐ Percentage of population living in areas with high density of liquor stores.
Natural Hazards	Include hazard mitigation policies in all forms of plan making, from comprehensive to area plans.	☐ Percentage of population living within 100 - and 500-year floodplains. ☐ Percentage of population living in very high-risk wildfire zone.
Climate Change	Adopt policies that establish consistent requirements for new villages or village expansion into new areas. Adopt and implement Smart Growth policies that reduce greenhouse gas emissions. Analyze and prioritize measures in climate action plans that realize the greatest benefit and cost savings to human health. Ensure climate change data or projection is integrated into all future planning efforts. Include public outreach that allows vulnerable communities and community-based organizations serving those communities with the opportunity to meaningfully participate in processes of information-gathering, research, analysis, and review of climate action plans. Prevent negative consequences of actions, including displacement that could increase communities' and individuals' climate vulnerability. Techniques to encourage climate resilience that help adapt to changes in precipitation and temperature.	☐ Percentage of population living in the storm surge area. ☐ Total vehicle miles travelled. ☐ Number of school closures due to excessive heat. ☐ Percentage of population without access to air conditioning. ☐ Amount of locally-produced compost and mulch.
Infectious Disease	Incorporate measures addressing vector control and waterborne disease into community plans, zoning restrictions, and stormwater management.	☐ Number of waterborne disease outbreaks. ☐ Number of drinking water violations.

Environment

Sub-Domain	Policies and Programs	Indicators
Air Quality	Adopt a policy that requires facilities serving vulnerable populations to be at least 500 feet from high traffic roadways.	☐ Number of facilities serving vulnerable populations that are within 500 feet of a high traffic roadway. ☐ Number of additional air monitors/sensors in communities.
Water Quality	Adopt policies that manage stormwater through green infrastructure or low impact development practices.	☐ Percentage of green storm water investment of total stormwater investment in dollars.

* Adapted from CityHealth policies.